



**TOWER
RUNNING**
7ª EDICIÓN



TOWERRUNNING
MEXICO



TOWERRUNNING
WORLD ASSOCIATION

SUBE 50 PISOS | 1050 ESCALONES



POWER HOUR VARONIL

	Bib	ParticipantName	CategoryName	Rama	Oficial
1	7	JAIME ALVAREZ BARREDA	Master Varonil 40-49	Varonil	00:07:36
	207	JAIME ALVAREZ BARREDA 2	Power Hour Varonil 2	Varonil E2	00:09:32
	307	JAIME ALVAREZ BARREDA 3	Power Hour Varonil 3	Varonil E3	00:09:11
	407	JAIME ALVAREZ BARREDA 4	Power Hour Varonil 4	Varonil E4	00:09:51
	507	JAIME ALVAREZ BARREDA 5	Power Hour Varonil 5	Varonil E5	00:10:55
	607	JAIME ALVAREZ BARREDA 6	Power Hour Varonil 6	Varonil E6	00:10:49
					00:57:54
2	6	ISRAEL MARTINEZ RESENDIZ	Veterano Varonil 50-59	Varonil	00:07:13
	206	ISRAEL MARTINEZ RESENDIZ 2	Power Hour Varonil 2	Varonil E2	00:09:42
	306	ISRAEL MARTINEZ RESENDIZ 3	Power Hour Varonil 3	Varonil E3	00:09:19
	406	ISRAEL MARTINEZ RESENDIZ 4	Power Hour Varonil 4	Varonil E4	00:09:37
	506	ISRAEL MARTINEZ RESENDIZ 5	Power Hour Varonil 5	Varonil E5	00:09:20
					00:45:11
3	28	ERICK FRAUSTO TINAJERO	Master Varonil 40-49	Varonil	00:08:09
	228	ERICK FRAUSTO TINAJERO 2	Power Hour Varonil 2	Varonil E2	00:10:09
	328	ERICK FRAUSTO TINAJERO 3	Power Hour Varonil 3	Varonil E3	00:10:55
	428	ERICK FRAUSTO TINAJERO 4	Power Hour Varonil 4	Varonil E4	00:11:28
	528	ERICK FRAUSTO TINAJERO 5	Power Hour Varonil 5	Varonil E5	00:12:37
					00:53:18

4	13	IGNACIO MANRIQUE MALDONADO	Veterano Plus Varonil 60+	Varonil	00:08:46
	213	IGNACIO MANRIQUE MALDONADO 2	Power Hour Varonil 2	Varonil E2	00:10:25
	313	IGNACIO MANRIQUE MALDONADO 3	Power Hour Varonil 3	Varonil E3	00:11:15
	413	IGNACIO MANRIQUE MALDONADO 4	Power Hour Varonil 4	Varonil E4	00:11:53
	513	IGNACIO MANRIQUE MALDONADO 5	Power Hour Varonil 5	Varonil E5	00:11:27
					00:53:46
5	8	ANDRES MANZO OROZCO	Veterano Varonil 50-59	Varonil	00:08:25
	208	ANDRES MANZO OROZCO 2	Power Hour Varonil 2	Varonil E2	00:10:43
	308	ANDRES MANZO OROZCO 3	Power Hour Varonil 3	Varonil E3	00:11:12
	408	ANDRES MANZO OROZCO 4	Power Hour Varonil 4	Varonil E4	00:11:50
	508	ANDRES MANZO OROZCO 5	Power Hour Varonil 5	Varonil E5	00:13:05
					00:55:15
6	31	ARAM EDUARDO CHAVEZ ZAMUDIO	Libre Varonil 18-39	Varonil	00:08:17
	231	ARAM EDUARDO CHAVEZ ZAMUDIO 2	Power Hour Varonil 2	Varonil E2	00:10:07
	331	ARAM EDUARDO CHAVEZ ZAMUDIO 3	Power Hour Varonil 3	Varonil E3	00:10:45
	431	ARAM EDUARDO CHAVEZ ZAMUDIO 6	Power Hour Varonil 6	Varonil E6	00:13:59
					00:43:08
7	40	ERIK JOSE NUNEZ LOPEZ	Master Varonil 40-49	Varonil	00:09:47
	240	ERIK JOSE NUNEZ LOPEZ 2	Power Hour Varonil 2	Varonil E2	00:11:23
	340	ERIK JOSE NUNEZ LOPEZ 3	Power Hour Varonil 3	Varonil E3	00:12:47
	440	ERIK JOSE NUNEZ LOPEZ 4	Power Hour Varonil 4	Varonil E4	00:13:23
					00:47:20
8	25	DIEGO DE LA CRUZ FLORES	Veterano Plus Varonil 60+	Varonil	00:09:18
	225	DIEGO DE LA CRUZ FLORES 2	Power Hour Varonil 2	Varonil E2	00:11:51
	325	DIEGO DE LA CRUZ FLORES 3	Power Hour Varonil 3	Varonil E3	00:13:18

	425	DIEGO DE LA CRUZ FLORES 4	Power Hour Varonil 4	Varonil E4	00:13:17
					00:47:44
9	39	HECTOR FERNANDO ROBLEDO ALFAR	Master Varonil 40-49	Varonil	00:10:41
	239	HECTOR FERNANDO ROBLEDO ALFAR	Power Hour Varonil 2	Varonil E2	00:11:57
	339	HECTOR FERNANDO ROBLEDO ALFAR	Power Hour Varonil 3	Varonil E3	00:12:31
	439	HECTOR FERNANDO ROBLEDO ALFAR	Power Hour Varonil 4	Varonil E4	00:13:02
					00:48:11
10	27	FABIAN FRAUSTO RAMIREZ	Libre Varonil 18-39	Varonil	00:09:59
	227	FABIAN FRAUSTO RAMIREZ 2	Power Hour Varonil 2	Varonil E2	00:13:13
	327	FABIAN FRAUSTO RAMIREZ 3	Power Hour Varonil 3	Varonil E3	00:15:06
	427	FABIAN FRAUSTO RAMIREZ 4	Power Hour Varonil 4	Varonil E4	00:11:45
					00:50:03
11	12	ALESSANDRO MANRIQUE GONZALEZ	Libre Varonil 18-39	Varonil	00:10:02
	212	ALESSANDRO MANRIQUE GONZALEZ	Power Hour Varonil 2	Varonil E2	00:13:07
	312	ALESSANDRO MANRIQUE GONZALEZ	Power Hour Varonil 3	Varonil E3	00:14:11
					00:37:20
12	11	ALEJANDRO ULISES RODRIGUEZ PAD	Veterano Plus Varonil 60+	Varonil	00:10:19
	211	ALEJANDRO ULISES RODRIGUEZ PAD	Power Hour Varonil 2	Varonil E2	00:16:19
	311	ALEJANDRO ULISES RODRIGUEZ PAD	Power Hour Varonil 3	Varonil E3	00:15:24
					00:42:02
13	42	DANIEL GARCIA ALVARADO	Master Varonil 40-49	Varonil	00:13:06
	242	DANIEL GARCIA ALVARADO 2	Power Hour Varonil 2	Varonil E2	00:16:09
	342	DANIEL GARCIA ALVARADO 3	Power Hour Varonil 3	Varonil E3	00:17:49
					00:47:04

14	18	JOSE GUADALUPE PEREZ PEÑA	Veterano Varonil 50-59	Varonil	00:10:18
	218	JOSE GUADALUPE PEREZ PEÑA 2	Power Hour Varonil 2	Varonil E2	00:12:24
	318	JOSE GUADALUPE PEREZ PEÑA 4	Power Hour Varonil 4	Varonil E4	00:15:19
					00:38:01
15	32	FELIPE VILLALVAZO LARIOS	Veterano Plus Varonil 60+	Varonil	00:11:50
	232	FELIPE VILLALVAZO LARIOS 6	Power Hour Varonil 6	Varonil E6	00:10:45
					00:22:35
16	10	OMAR JESUS NAVARRO ALCARAZ	Veterano Varonil 50-59	Varonil	00:09:04
	210	OMAR JESUS NAVARRO ALCARAZ 2	Power Hour Varonil 2	Varonil E2	00:11:39
					0:20:43
17	15	CARLOS ARELLANES	Veterano Plus Varonil 60+	Varonil	00:12:10
18	14	JORGE ESTIVENS DIAZ PINEDA	Libre Varonil 18-39	Varonil	00:11:47
19	16	FRANCISCO CHAVEZ MONTES	Master Varonil 40-49	Varonil	00:09:55